

Welcome back to Term 3, which has had a very busy start! Our ***Athletics Track Carnival*** last Friday and Field Events trials last Wednesday all ran smoothly, thanks to the organisation of our HOD Craig Dawson and his HPE teachers, supported by everyone on staff. Friday was a cold, fine day, and energies were replenished by consumption of great quantities of hot food sold by the canteen!

Reports were issued on Monday 20 July and I look forward to meeting parents on our ***Parent Teacher Interview evening on Wednesday 29 July from 3.30 to 7.30pm***. If a teacher has requested an interview please endeavour to make a time and attend – working together to nip small problems in the bud is always best!

Our new local member of Parliament ***Mr Cameron Dick MLA will be visiting the school assembly next Friday 31 July*** and meeting with parents, teachers and students and doing a tour of the school and its facilities. While he wasn't able to attend the P & C meeting on 22 July because of urgent Parliamentary business, he has indicated to me that ***additional maintenance work*** will be conducted in the school, including painting of some blocks. This is very welcome news, as our annual maintenance budget does not provide sufficient funds to address major maintenance tasks like painting two storey classroom blocks! As soon as I have a definitive list I'll publish it for parents. I hope to finalise plans for Art and Music extensions under the Commonwealth National School Pride funding of \$200,000 per school.

We have had student participation in ***music and training*** opportunities ***highlighted in local press*** this week – our Music students played for a Harry Potter event at local cinemas (and got to see the movie!) and the newspaper publicity has led to an invitation to our students to perform for the launch of Child Protection Week! There was also a great story about one of our trainee students, ***Jake Onley*** who was featured in an earlier newsletter. ***Laura Kelly***, Year 12, was today presented with a prestigious award from ADFA (Australian Defence Force Academy) – one of 25 in Queensland. Laura received a laptop computer as an award – no strings attached! I am very ***optimistic*** about the impact of the ***opportunities*** we are providing our students in 09!

Our **Volleyballers** are off to **Schools Cup competition in Toowoomba** next weekend – it's a great weekend and Toowoomba is chilly as always! Good luck to all our teams, and my thanks to all of our teachers and coaches and parents for their support.

Emily Menzler, Thomas Menzler and Grace Mullins were finalists in the Mt Gravatt Young Achievers Award. Congratulations to **Grace** who won the **Education Award** on Saturday at the Mt Gravatt Show.

Our **Year 10 careers preparation program** is about to start. This process introduces students to the complexities of the career planning and subject selection process, which is documented in a plan, (a SET plan) which guides the student's progress towards achievement of the Qld Certificate of Education (hopefully) and the foundations for a successful career and further study. As you know, we have a **proud Triple E tradition** here at Holland Park High where **we cater for all students – the academically gifted as well as the quiet achievers, those with a flair for the practical, the creative** Parents will receive information shortly regarding workshops and sessions for them, as well as SET plan interview times. I strongly recommend that Year 10 parents start taking children to University and TAFE Open Days each year from Year 10, to explore options and learn about new courses and careers (see the Guidance Officer segment for details).

Our Art Show, Art @ the Park is fast approaching – see you there!

Best Wishes

Jocelyn Roberts
Principal

IMPORTANT DATES			
Tues 28/7	Years 8-10 Grin & Tonic 9.00-10.10am	Tues 4/8	Years 11 & 12 ALC German test Period 7 & 8
Tues 28/7	Year 10 Boostrix vaccination 1.40pm	Wed 5/8	Winter Sport Finals
Tues 28/7	Teaching & Learning Committee 3.15pm	Thurs 6/8	Westpac Maths Comp Hall Period 1 & 2
Wed 29/7	Winter Sport Round 8 – Girls travel – Mt Gravatt SHS	Thurs 6/8	Southern Districts Field Carnival ANZ
Wed 29/7	Parent Teacher Interviews Assembly Hall 3.30-7.30pm	Thurs 6/8	Years 11 & 12 ALC Japanese test Period 7 & 8
Fri 31/7	Volleyball Schools Cup Toowoomba 31/7-2/8	Thurs 6/8	Years 9 & 10 ALC German test Period 5 & 6
Tues 4/8	Years 8-10 EEE classes & Others ICAS English Test	Thurs 6/8	Year 10 Parent Workshops (information being posted)
Tues 4/8	Years 9 & 10 ALC Japanese test Period 3 & 4	Fri 7/8	Southern Districts Track Carnival ANZ
Tues 4/8	Year 8 ALC Japanese test Period 7 & 8	Fri 7/8	Newsletter
Tues 4/8	Year 8 ALC German test Period 3 & 4		

art@thepark

holland park shs

19th August 2009

The Canyon

5.30-7.30pm

seeing is believing

Adults \$5

Students \$3

(includes refreshments)



SENIOR SCHOOLING NEWS

Work Education

On July 25th, J Block was transformed into an employment agency as the Year 11 students took part in a mock interview programme, supported by employers from local businesses. Students applied for entry level positions from those listed on Job Network sites and submitted application letters and resumes to employers from each industry sector.

Students were required to dress suitably for the interview stage and then each participated in a fifteen minute interview to allow the employers to gauge the student's suitability for employment. Each student then received feedback relating the interview itself and also on the required paperwork relating to their application.

Despite some very anxious interviewees, the overall comments from the employers were extremely positive and our students were commended for their enthusiasm and preparedness. Some employers were so impressed with the students they interviewed that actual employment was offered in the form of traineeships and final arrangements are now being completed for Anastasia Mitzis and Nat Jones to take up positions with Centrecare in the coming weeks. It is envisaged that these opportunities will be added to as MEGT, secures more positions for students to consider.

We are sincerely grateful to the following employers who gave up their time to participate in this activity: Lindsay Yeaman - MEGT, Allan Bartlett - Allan Bartlett Consulting, Iris Paterson - Busy at Work, Jodie Swan - Greencross Vets, Steve Atley - Employment Plus, Tom Goldwater - SCIPS, Tracey Reed - Woolworths and Val Gibbs - retiree.

Student Awards

Congratulations to Mat Maui who has been nominated for training excellence in Certificate I in Resources and Infrastructure Operations (Prevocational) by CTSC and Jake Onley, nominated for training excellence in the HIA awards by Apollo training. Jake will participate in the HIA Expo at the Convention Centre this weekend where the house he and other school students built is the main display and will be the focus of several media reports in the coming weeks.

School Leaver Programme

Students leaving school and looking for employment are invited to attend the SCIPS **School Leaver Programme on 26th August 2009 at 4pm - 7.30pm Venue: St Laurence's College, 82 Stephens Road, South Brisbane.** Students can register online at www.scips.org.au

Students will be required to leave resumes and application letters with the employers who will be present at the event. For details of all recruiting employers please follow this link

<http://www.scips.org.au/forms/2009%20SLP%20Student%20Guide.pdf>

Chris Klee, HOD Senior Schooling

GUIDANCE NEWS

UPCOMING OPEN DAYS:

Queensland University of Technology - Sunday 26th July at Kelvin Grove Campus, 9am – 3pm. For details about the program go to: www.openday.qut.com/

University of Queensland – Sunday 2 August at the St. Lucia campus, 9am – 3pm. For more information about the days program go to: www.uq.edu.au/open-day/

Griffith University – Sunday 9 August at the Nathan, Gold coast and Sth. Bank Campuses from 9am – 2pm. For more information a on the program go to: app.griffith.edu.au/open-day/

Aviation Careers EXPO is on 8 August, 10am – 4pm at the Brisbane International Airport Precinct, 15-25 Boronia Road. This years Expo will be showcasing in particular careers for "Women in Aviation". That includes operational, technical and management roles.

SHOLARSHIPS:

Griffith Connect Academic Excellence Scholarships Scheme for current year 12 students who are achieving very well in their subjects and are intending to study at Griffith University in 2010. The scholarship is valued at \$3,000. In addition to this is the **Sir Samuel Griffith Scholarship and Honours College** membership that will automatically be given to any OP1 student. Please see Mrs. Cameron for more details.

University of Qld has a number of scholarships for high achieving Year 12 students. Go to www.uq.edu.au/scholarships for more details.

Scholarships are available for **Children of Veterans** intending Tertiary Studies in 2010. Please contact Mrs. Cameron for more details.

UQ Enhanced Studies Program for 2010. This is a program for high achieving students to extend their studies in an area of interest and to "test drive" university life. Students can study one course in Semester one of Year 12. for more information speak to the guidance officer or go on line at www.uq.edu.au/guidance/esp Applications close 23 October 2009.

University of Qld Young Scholars Program is also offering the opportunity for 3 high achieving Year 11 students to participate in a 4 day residential experience aimed at gaining insight into university life and learn about potential careers in subject areas they may not have encountered at school. This will be offered in December. Applications close 28th August. See Mrs. Cameron if interested.

Nursing work Experience is available for grade 11 and 12 students on 30/11/09 and 7/12/09 for 4 days from 7am – 1pm at the Princess Alexander Hospital. Please contact Glenda Carstens, on 3240 2961 or email Glenda.Carstens@health.qld.gov.au to apply.

ADF GAP YEAR applications for 2010. Complete applications at www.defencejobs.gov.au or call 131901 for more information.

Information has now been collated from the **Bully Surveys** anonymously completed by all the year 8 and 9 students just before the holidays. I will now begin talking to some students and in some cases their parents about what the surveys have said about them in particular. Of particular note this year is the increased mention of cyber bullying that is of concern to some. It is an issue that parents do need to be particularly vigilant about and for that purpose I have included some general guidelines and websites that may be helpful. It is pleasing to note, however that a majority of students commented that they like the way the school deals with bullying. Remember we can't do anything about bullying if we don't know about it so please contact us if you have any concerns.

Delwyn Cameron – Guidance Officer

GERMAN/JAPANESE NEWS

It's **ALC time** again – and an opportunity for our **students of German and Japanese** to shine even brighter than usual!

In the first week of August, a large number of students will sit for the **Assessment of Language Competence Certificates**. The program offers students a chance to test their knowledge of a particular language at a specific point in time. It consists of a choice of tests in **Listening and Reading** at appropriate levels of language-learning experience.

Students from both departments always do very well in these tests and we look forward to receiving the results and certificates in October.

Toi! Toi! Toi! and **Gambatte Kudasai!** Good luck to all the candidates!

Frau Wucsits and Sensei Goodman, Language Dept

ALCOHOL MISUSE BY ADOLESCENTS (SHIELD PROGRAM)

Article written by Adrian Kelly, Associate Professor, Centre for Youth Substance Abuse Research, The University of Queensland

Right across Australia, alcohol misuse by adolescents is both common and associated with a range of serious health, social, and legal consequences. Alcohol is responsible for the majority of drug related deaths among Australian young people. Heavy alcohol use increases the risk of physical assault, injury, getting into a car with an intoxicated driver, drowning, and experimentation with other drugs. Moreover, heavy alcohol use is now known

to produce greater neurological damage in younger people than older people.

The Centre for Youth Substance Abuse Research (CYSAR) at the University of Queensland is offering parents of high school students (Grades 9 and 10) an opportunity to participate in the SHIELD Program. The SHIELD program is a brief and practical program to assist parents in minimising the risk of future alcohol-related harm. *The SHIELD program is not designed for parents whose adolescents have established patterns of alcohol misuse.* Rather, *SHIELD* is designed for parents whose adolescents are showing a few signs of risk. For example, adolescents may be starting to mix with adolescents who drink heavily, they may be having difficulties academically, or parents may be concerned about where their adolescents are or who they are with. The program involves a single visit by a psychologist to your home. The counsellor will spend an hour and a half with you, talking through practical strategies for reducing the risk of alcohol abuse and associated harm. You will receive high quality materials designed to help parents manage the potentially risky teenage years.

If you are interested in participating in this **free** and practical program, or simply to find out more about it, please call A/Prof. Kelly on 33655143. If he is not in his office, he will get back to you as soon as he can.

Associate Professor Adrian Kelly is a psychologist by background, who has worked in the area of prevention of alcohol and other drug use for many years. He is dedicated to helping empower parents with practical help relating to the prevention of alcohol-related harm. He has worked with several local schools to enhance prevention strategies, as well as in the provision of counselling to adolescents who have experienced negative consequences relating to substance use.



PARENTS PLEASE ENSURE YOU PHONE THE SCHOOL WHEN YOUR STUDENT IS AWAY. OUR STUDENT ABSENCE LINE IS AVAILABLE 24/7. THE NUMBER TO CALL IS 3347 0160.

P&C CHRONICLES

No, it wasn't a ruse. Cameron Dick, MP, was going to be at the July meeting but was urgently called away. He will be invited to the next meeting which is to be held on **Wednesday 7:30pm 2 September**. That's right, my quick little observers, and those who *mean* to get there each month, that's not the 3rd Wednesday of the month and what, I hear you ask, happened to the August meeting? Well, we lost it is all. That's right. It's gone – somewhere, and because it has, we are bringing the September meeting forward so, one instead of 2 meetings and it's nothing to do with appeasing me following the alleged tantrum I threw about being sick of

typing up minutes but it might be to do with the fact that the scheduled meeting would have followed Art in the Park. We knew you'd all want to come to the P&C that night but you'd be very tired so we've changed the date so you've got no excuse. And don't bother throwing a tantie about that...not unless you're really good at them (classes available for a small fee). We'll let you know when we know, whether the Member for Greenslopes will be able to attend. See you there!

Kerry Kielland, Minutes Secretary

NATIONAL TREE DAY

On July 31 we will join schools across Australia in celebrating National Tree Day by planting trees in our school grounds. To encourage native birds into our grounds we will be planting 12 native trees including the rare Small Leaf Tamarind. These plants will be planted near the oval and will provide shade in years to come, but right now our participation in Tree Day encourages students to think globally and act locally. To support this, please chat with your student about the need to look after our environment by staying out of the garden beds and putting their rubbish in bins to help reduce the overpopulation of crows.

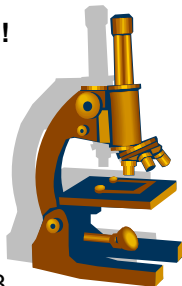


Students who wish to help with the lunchtime planting on National Tree Day should register their interest with me in E block.

Cathy Menzler, A/HOD Science

SCIENCE STUDENTS SUCCEED AGAIN!

Congratulations to our EEE science students who recently entered the ICAS University of NSW Science competition. Not only did all three classes achieve ahead of the State averages but all classes received a number of Distinctions, with 43% of the Year 8 entrants earning a distinction. Well done and keep up the great work as we are all aware studying Science offers many opportunities for future careers.



Cathy Menzler, A/HOD Science

FREE ONLINE TUTOR

Free online tutoring service, "YourTutor" offers one-on-one help with Maths, Science and English. Brisbane City Council has recently increased the service from 250 sessions to 725 sessions per month. The service is available at www.brisbane.qld.gov.au/libraries between 4pm and 8pm weekdays. You need to join the Library Service (free).

SWINE FLU UPDATE

What happens if a student has Human Swine Influenza?

If a student is confirmed as having human swine influenza, they should be asked to stay at home until completely well, or until at least 24 hours after their fever has resolved, whichever is the longer. They should be advised to restrict close contact (within one metre) with others as much as possible, especially with any family members who are in a vulnerable group. If the student is in a vulnerable group, or their illness is moderate or severe, antiviral medications such as oseltamivir (Tamiflu) or zanamivir (Relenza) may be prescribed by their doctor.

What should a school do if a student is suspected of having Human Swine Influenza?

All students with influenza-like illness should be asked to remain at home until they are well. Routine testing of suspected cases is no longer being carried out.

VOLLEYBALL NEWS

As of today, we have only 4 days left until 6 teams will go and compete in the Senior School's Cup in Toowoomba. The teams competing are:

- Open Girls Honours (Coach: Mr Dawson)
- U/17 Girls Honours (Coach: Mr Payne)
- U/17 Div 2 (Coach: Ms O'Donnell)
- Open Boys Honours (Coaches: Gavin Mackay/Mrs Ross)
- Open Boys Div 2 (Coaches: Haley Salta/Mr Habermehl)
- U/17 Boys Div 1 (Coaches: Liz Deegan/Mr Reinke)

As mentioned in our first Volleyball Newsletter way back in term 1, our accommodation is at the Alan Cunningham Motel, 808 Ruthven Street (New England Highway), Toowoomba - Phone: (07) 4635 5466. As most of you know, the students are travelling in mini-buses driven by their respective coaches or supervising teachers (with the exception of the Open Boys Div 2 team who will be travelling by car). Some students have asked what time their bus will leave on Friday morning. The competition starts at 10am on Friday and, once we have a draw from Qld Volleyball, each coach will schedule a departure time for their teams. Keep in mind that **some teams** may need to leave as early as **6:30 am** if they have early games. There are several venues for games, with the main venue being Harristown High. For a full list of venues, directions, updates and general information, parents and anyone else who is interested, can go to the QVA website at www.qva.org.au (just follow the links to Senior School's Cup). All teams have been training hard for this tournament and we are confident that they will give good accounts of themselves in Toowoomba. Many thanks in advance to our dedicated coaches for their tireless efforts in preparing students for this event and to the parents for their continued support. Without you we would have no programme. We wish our teams all the very best in this important weekend in our volleyball calendar!!

Craig Dawson, Volleyball Co-ordinator

ATHLETICS CARNIVAL

Our Inter-house Athletics Carnival has come and gone for another year. It was a glorious winter's day with blue skies and mild warmth all day. We had some great performances from a number of students and wonderful house spirit displayed. I'm not sure how unbiased the judging of the War Cries was when Mr Mitchell announced the winning house to be Marshall. Admittedly, they were good. The winning House for this year was Gordon with a final points tally of 1268. The next runners up were Marshall with 959 points, Toohey on 832 points and Weller with 881 points. Congratulations to all of the houses for a great team effort. Below is list of Age Champions. These students participated in a wide range of events and excelled at all or most of them. In so doing, they accumulated the most individual points for their age. Congratulations on a fine effort!

	Boys	Girls
13 years	Joneel Lal	Amanda Hadaway
14 years	Lambro Conomos	Zoe Brown
15 years	Brody Hennessy	Bec Bromwich
16 years	Daniel Fick	Kate Deegan
Open	Liam Nolan	Tallisha Harden

All participants who placed 1st or 2nd in the school carnival automatically qualify for the school team to compete in the South District Athletics Carnival at QEII Stadium from 6th- 7th August. Students will be travelling by bus to the venue, which cost them \$7 each day. We ask that any students who cannot participate need to see Mr Dawson ASAP so that replacements can be made.

Craig Dawson, HOD HPE

Enrolment Interviews 2010 Holland Park High School

**Enrolment Interviews for Year 8
2010 are now being conducted.**

**Please contact the school on
3347 0111 to arrange a convenient
time for an interview.**

INSTRUMENTAL MUSIC NEWS

Term 3 is our busiest time of the year, with performances and competitions getting into full swing. It's time to make sure that you can play all of your parts and regularly attend lessons to get the most from the Instrumental Music Program.

All of the Instrumental Music teachers were lucky enough to attend the Maryborough Music Teachers Conference in the first week of term where we were treated to lectures from both International and Australian presenters such as Robert Sheldon and Bob Phillips (who have composed lots of concert band and string music we play) and famous jazz musician James Morrison. In addition we learnt new teaching techniques, played in exciting ensembles and viewed new music and instruments at Trade Displays. It was very inspirational and we've come back enthused about being instrumental teachers!

We've started off our busy term with our "Harry Potter" excursion. The Concert Band and Jazz Band performed about an hour of music from movies prior to a screening of the new "Harry Potter" movie. The Mt Gravatt Cinemas are a fantastic place to play – as the upstairs waiting area is a natural auditorium. Thanks to all of the students on their efforts, I'm sure that you had a great time. The next performance coming up is at the **Mt Gravatt Show** on the **25 July**. **Sax Quartet** and **Brass Quartet** will perform on stage at 12:05. If you are there – come along and cheer them on. On **31 July Brass Quartet** and the **Woodwind Ensemble** will be playing at the **Wellers Hill SS Art Show**, providing entertainment as people view the student art work. Our own "**Art @ the Park**" event is on **19 August**. On this occasion, the **Big Band** and a small **String Group** will entertain.

The first of the competitions, the **Brisbane Schools Band Festival** is on the weekend of the **22 and 23 August**. **Big Band** will compete on **Saturday** and **Concert Band** on **Sunday** – details of times will come out when we are advised of our times.

That completes the term 3 performances. I've listed some dates below for term 3 and 4 – please put these into your diaries as well so that we can avoid any clashes. I will be going on leave to have a baby in week four, and Mr Bryer will take over Friday lessons and Concert Band rehearsals for the remainder of the year. I will keep in touch, and look forward to coming along to the performances later in the year.

If anyone currently not enrolled in the Instrumental Music Program would like to join, please contact one of the Instrumental Music Teachers – Mr Bryer (Woodwind) on Tuesday, Ms Robson (Strings) on Thursday, or Mrs Bryer (Brass & Percussion) on Friday. You can bring your own instrument, or there are a small number of school instruments available for loan.

**HIP Meeting
(Holland Park Instrumental Parents)
Tuesday 28 July 7pm
Upper B Block**

Dates for 2009

Following are a list of performance dates for 2009. This list is not exhaustive, so keep an eye on the school Newsletter for updates and further details.

25 July	Mt Gravatt Show – Brass Quartet and Sax Quartet
31 July	Weller's Hill SS Art Show – Brass Quartet and Woodwind Ensemble
19 August	Art @ the Park – Big Band and String Group
22 August	Brisbane Schools Festival (Jazz Band)
23 August	Brisbane Schools Festival (Concert Band)
1 – 4 October	State Honours Program (selected students)
13 October	"True Blue" Shed Party followed by Music Department Gala Concert (All Groups)
16 October	Music Fest (String Ensemble)
18 October	Music Fest (Percussion Ensemble)
21 October	Music Fest (Concert Band)
23 October	Music Fest (Jazz Band)
28 October	Awards Night (All Groups)
11 November	Remembrance Day Service, Holland Park R.S.L. (Concert Band)
1 December	Freeway Schools Coalition Band Workshop

Karina Bryer, Concert Band conductor

THE ART DEPARTMENT



Art @ the Park

It's that time of year again when the Arts and Hospitality students showcase their talents at our annual Art @ the Park.

What is Art @ the Park?

An evening of Visual Art, Music Drama and tasty food. Art work produced over the year from all year levels will be on display, while Drama and Instrumental Music students provide entertainment. Hospitality students serve a range of fine finger foods.

Who is invited?

Everyone in our school community, past and present!

When is it?

Wednesday 19th August from 5:30 -7:30pm

Where is it?

Behind the Art rooms (H block) in the lovely Canyon space which is transformed into a spectacular exhibition space for **ONE NIGHT ONLY!**

Seeing is believing!

Year 10 Art Excursion

At the end of Term 2, Year 10 Art students visited the Gallery of Modern Art (GoMA) and Queensland Gallery of Art (QAG). The main exhibition of interest was *The China Project*, a display of contemporary Chinese art. Students had just completed a printmaking unit 'Made in China'. The students also enjoyed viewing the permanent collection in both galleries and happily identified a number of Australian artworks and artists they recognised from their studies. One of the most popular pieces viewed on the day was Ron Mueck's larger than life sculpture "In Bed" (2005).



FSC Day of Excellence in Visual Art

In recognition of The Year of Creativity, Holland Park SHS hosted the inaugural Freeway Schools Coalition's Day of Excellence in Visual Art during last term. Twenty-two Year 6-7 students from Junction Park, Marshall Road and Weller's Hill SS combined with seven Year 8 students from the high school to enjoy an intensive day of art making and appreciating, specifically engaging with specialist materials, techniques and processes such as lino printing, computer design, ceramics and installation art. The work produced was of a very high standard and all students selected to attend should be congratulated on their enthusiasm and creativity! A wonderful selection of ceramic masks created on the day will be on display at Art @ the Park.

Trish Corcoran, Art Teacher

UNIFORM SHOP NEWS

Opening Hours – Tuesday and Thursday 8.15 to 10.30am

Sock Sale - \$5 a pair

We have for sale, good quality white socks (with stripe) in sizes 8-11 and kingsize. They are Australian made and have 80% cotton. We will no longer be ordering these as at stock item.

Volunteers

We are in need of volunteers, especially on Tuesdays. Help is needed most during the first hour 8.15 to 9.15am.

Donations

On behalf of the P & C we would like to thank everyone who has donated their 2nd hand uniforms for resale.

Mary and Trish, Uniform Shop Convenors

TUCKSHOP NEWS

A special thank you to those people who helped out in the Canteen on Sports Day last Friday.

If you would like to help out any morning from 9am to 10.30am or on Fridays from 11.30 to 1pm, please feel free to ring me at the tuckshop on 3347 0108 or just drop in on the days you would like to help out.

Thank you,

Donna Phillips, Tuckshop Convenor

TUCKSHOP ROSTER	
Tues 4/8	Jacinta Mitchell

COMMUNITY NOTICE

Education Tax Refund – Don't forget to claim

How do I claim the Education Tax Refund?

- In your tax return
- If you don't lodge a tax return, claim on a separate form or over the phone
- If you use a tax agent, make sure you ask them to claim for you.

The Education Tax Refund lets you claim up to 50% of eligible education expenses for school children. If you are eligible, you can get back up to \$375 for each primary student and up to \$750 for each secondary student.

You can claim things like text books, stationery and event internet costs. Remember, you need to keep all receipts for expenses you claim. If you receive Family Tax Benefit Part A for a child at primary or secondary school, you will be eligible. Some other people are eligible too. To find out more about this and other information such as what you can and can't claim go to www.australia.gov.au/educationtaxrefund or call the Tax Office on 13 28 61.

Wow! New Community Garden!

Come down with your children. Grow and taste organically grown tomatoes. Get involved in composting. Lease your own plot and grow your own vegetables.

Welcome to the future *Grow for life – Abbeville Community Garden*. We need enthusiastic people to help us create our community garden. To be situated in Abbeville Park, Upper Mt Gravatt (next to the Scout Hall). Please register your interest and extent that you wish to be involved. Contact Sam Chiodo: info@mobilepropertieservices.com.au

Does your child experience fear and worries? Researchers from UQ School of Psychology have developed a new Triple P parenting program aimed at treating anxiety in youth between the ages of 7-14. The program is offered free of charge to families and is part of the highly

successful Triple P, Positive Parenting Program. For more information please contact the researchers on 3365 7307 or 0401 518 299 or email j.valvoi@psy.uq.edu.au.

Free Personal Safety Seminars – Brisbane City Council is running free Personal Safety Workshops for all Brisbane residents over 14 years of age.

The seminars are designed to increase your confidence and ease any concerns you may have about crime affecting you. You will also have the opportunity to discuss any personal safety issues or questions with internationally-renowned experts.

Limited places available. Get your friends and family together and make a group booking today! There are seminars available every month this year. For further information please visit www.brisbane.qld.gov.au/personalsafetyseminars

To book contact Council's Contact Centre on 3403 8888. Personalised seminars are available for group of 25 or more.

Wellers Hill and Yeronga Girl Guides seek more girls aged from five to adult to join them for adventurous and non-adventurous activities including camping, canoeing, abseiling, cooking, ice-skating, craft and community activities. Wellers Hill Guides meet SATURDAYS from 1.30pm to 4pm at the Hut adjacent to Wellers Hill State School. Yeronga Guides meet TUESDAYS NIGHT from 6pm to 8pm at the hut on Villa St Yeronga.

Wellers Hill call Louise on 3345 9082 or 0404 878 424.

Yeronga call Glenys on 0402 201 429 or Cherie 3373 8260 ah

Have you ever considered becoming a volunteer host family?

Want to expand your knowledge of other countries, cultures, languages or cuisines? Then consider opening your door to an international exchange student.

Full support is provided to all host families and their students. For further information please contact Nikki Medwell, Inbound Exchange Administrator, World Education Program, Toll Free: 1300 884 733. Email wep@wep.org.au

PLEASE SUPPORT THE FOLLOWING COMPANIES WHO ARE PROUDLY SUPPORTING HOLLAND PARK HIGH VOLLEYBALL PROGRAM



Telephone: 3397 0566 (Greenslopes)



Telephone: 3349 1554



