

IMPORTANT DATES

Mon 2/2	Year 10 Text Issues Period 5/6	Mon 9/2	Year 12 Guest Speaker 9-1pm
Wed 4/2	Twilight Swimming Carnival 6pm	Tues 10/2	Teaching & Learning Committee 3.15pm
Thurs 5/2	Immunisation Forms to be returned to HPSHS	Wed 11/2	Abbmania Matinee & Evening Performance
		Fri 13/2	Open Morning Tour 9.15am
		Fri 13/2	Newsletter

FROM THE PRINCIPAL

A warm welcome to new and continuing parents to 2009 – our year of Optimism, Opportunity and the Power of Nine.

I have chosen OO9 as our theme because it's easy to remember and it contains some powerful messages to direct our energies for the year. **Optimism** – I want to encourage all students to have a positive attitude to school, to learning and to life. Being positive enables learning – we are more open to new ideas, receptive to assistance and guidance. When we're positive we're more motivated, and likely to be more successful. We're also more open to **Opportunities**. Young people learn and grow when they recognise opportunities and take them up, when they try something new, and step out of their comfort zone, when they broaden their interests they develop new skills, make new friends and contacts. What's this **Power of Nine**? Well it's a phrase I selected to symbolise the impact that a little extra effort can make. Think about what could be possible if our students put an extra nine minutes a day into an area they'd like to improve – 9 extra minutes on reading/maths homework / those sports training drills. All of those 9 minutes a day can add up to a lot of extra effort, and improvement – hence the Power of Nine.

We have much cause for **optimism** (and celebration) this year. Our graduating class of 2008 achieved some stunning results – **3 OP 1s** and many high OPs in the 1-5 range. As a guide 2% of eligible students in Queensland receive OP1; 6% of our eligible students scored OP1. A number of our 2008 graduates shared some success strategies with Year 11 students at one of their orientation days on Tuesday.

Another success story was our trip to the National Volleyball titles in Melbourne in December – we sent 5 teams and they all came back with medals (2 Gold and 3 Silver). A fantastic effort from our teams and their coaches – Craig Dawson, Darin Payne, Kerri-Lyn Ross, Peter Reddy and Richard James.

There's an **opportunity** for students (and parents) to attend the London stage hit *Abbmania* at Jupiters Casino on Wednesday 11 February. Our school will be providing a group to sing backing vocals for 2 Abba songs at the 1pm and 7.30pm shows. Students in the backing group are free with some concession available for parents – information will be sent home by Mrs Blurton to the selected students.

I would like to welcome to Holland Park High the following new teachers

HOD (Maths, ICT) Mrs Curtis, HOD (English, SOSE) Mrs Illott, HOD (Senior Schooling) Ms Klee, Mr Ikin (replacing Ms Reibelt who is on leave), Ms O'Donnell (replacing Mr James, who is at Cleveland State High School for Semester 1), Ms Heard (replacing Mrs Illott for 4 weeks). Mr Dawson will be A/HOD HPE and Sport for Semester 1 and Mrs Goodman and Mrs Hasson A/HOD of English and SOSE respectively for the first 4 weeks.

While our enrolment numbers are still being finalised, we have approximately 530 students – this is an increase in 2008, and I hope this will give us an entitlement of up to 2 additional teachers.

Our Year 8 students have settled well – information about our welcome BBQ on 18 February will be out soon.

Don't forget P & C meeting on **Wednesday 18 February at 7.30pm** in the Administration Block – meetings usually finish by 9pm.

Best Wishes

Jocelyn Roberts, Principal

TWILIGHT SWIMMING CARNIVAL



Holland Park SHS Twilight Swimming Carnival will be held on **Wednesday 4 February 2009 at Marshall Road SS from 6pm – 9pm**. Students are encouraged to wear appropriate clothing in their house colours: Gordon – blue; Marshall House – red; Toohey House – green; Weller House – yellow; on the night. Students are asked to enter the school via the main Kurt Street Entrance. The canteen will be selling light refreshments only, throughout the night. Students are advised to eat before they come to the carnival. We look forward to seeing as many competitors as possible as each student entry through the gate will gain points for their respective houses.

Kerri-Lyn Ross, Swimming Carnival Convenor

IMMUNISATION PROGRAM COMES TO SCHOOL

This year Brisbane City Council is providing free vaccinations for all Year 8 and Year 10 students, and female students in Years 8 as part of Qld Health's School Based Vaccination Program.



Year 8 students are being offered vaccination to protect against Hepatitis B and chickenpox while Year 10 students are being offered protection against diphtheria-tetanus-Pertussis (whooping cough).

Female students in Years 8 are also being offered Human Papillomavirus (HPV) vaccination to protect against cervical cancer.

The vaccinations will be conducted by a team of specially trained registered nurses and/or a medical practitioner.

A consent form for each vaccination offered has been given to your student. Please read the information carefully, **sign the consent form irrespective of whether you wish your child to be vaccinated or not** and return the consent form to the school by no later than **Thursday 5 February 2009**.

Parents are encouraged to ensure their children have breakfast on the morning of vaccination.

For more information about diseases, vaccines or the School Based Vaccination Program, visit www.health.qld.gov.au or call 13 HEALTH on 1343 2584.

Year 8 students:

Hep B Dose 1: Wed 8/4/09 9am

Hep B Dose 2: Tues 6/10/09 9am

Chickenpox: Tues 2/6/09 9am

Years 8 female students:

HPV Dose 1: Wednesday 8/4/09 9am

HPV Dose 2: Tuesday 2/6/09 9am

HPV Dose 3: Tuesday 6/10/09 9am

Year 10 students:

dTpa vaccination: Tues 28/7/09 1.40pm

TUCKSHOP NEWS

Hello and welcome to all of the new people to the school and welcome back to 2009 to everyone else.

For the benefit of the new people to the school, I would like to start off by telling you a little bit about our tuckshop and how it operates.

We are a Smart Choices Tuckshop. This means that we meet the requirements of *Smart Choices – the Healthy Food and Drink Supply Strategy for Queensland Schools* set out by the State Government. Smart Choices is all about offering healthy food and drink choices to the students.

Our staff consists of, myself, the convenor, our two paid assistants, Wendy Ware and Kerry Vains, who work on job share basis when there aren't enough volunteers to cover the work load, and of course, our valued volunteers.

We operate on a self serve basis (cafeteria style) and I have found this to be a very efficient way of serving the volume of hungry students in a short time.

Most of the food that we provide is made on the premises, from fresh ingredients and it can be quite challenging at times to get the appropriate quantity and variety of food ready in time for

first break, which is when the students seem to be the hungriest. So, I would like to invite the participation of anyone who might think they would like to help out in any way, not to hesitate as it would be greatly appreciated. Just an hour in the morning once a month to help prepare the daily menu, would be a great help. I have found that with every extra helper we get, it enables us to provide that little bit more variety for the students.

It can be a lot of fun and a great way to meet other parents and members of the school community as well as getting a little bit of an insight into what goes on in the school.

You might like to team up with a friend or another parent. This saves the wages of a paid assistant and allows the P&C more funds to spend on much needed equipment for the school.

We are always open to suggestions to vary the menu, so please feel free to contact us with any ideas that you think would be suitable. We would be happy to try it, provided it falls within the Smart Choices requirements.

If you would like to volunteer some of your valuable time, please feel free to pop in and see us at the tuckshop anytime and we can work out a day for you then. You can also phone me at the tuckshop on 3347 0108.

Thank you to those people who volunteered their time last year, it was very much appreciated. If you would like to continue to help out this year, could you please confirm with me the days you would like to come.

Thank you,

Donna Phillips, Tuckshop Convenor

TUCKSHOP ROSTER	
Tues 3/2	Jacinta Mitchell
Fri 6/2	Gigle

COMMUNITY NOTICES

Tarragindi Tigers Football Club

Our sign-on days are **Friday 30th January from 5pm to 8pm and Saturday 31st January from 10am to 2pm**. It is to be held at Holland Park State High School (next to football fields) in Bapaume Road, Holland Park West. We are registering boys and girls from 5 - 17 years of age. Junior girls sides from 12 – 15 years of age. Birth certificate required certifying age for all new players. A Friday night squirts program is available for children from 3-5 years.

Senior Mens and Senior Womens teams as well as Over 30 Mens and Over 40 Mens teams will also sign-on at these times.

Enquiries:

Steve (Juniors) on 0410 492 487 or jnrreg@tarraginditigers.com.au

Tod (Seniors) on 0417 744 680 or snrreg@tarraginditigers.com.au

Website: www.tarraginditigers.com.au

